

(This is an excerpt from the 7th Army NCO Academy Student SOP)

c. PROFILES:

(1) Soldiers with temporary or permanent profiles that prevent full participation in the course will not be allowed to attend the Primary Leadership Development Course. The following are the regulatory guidelines that the 7th Army NCO Academy judges these profiles by.

(a) TRADOC Regulation 350-10 designates the United States Army Sergeants Major Academy (USASMA) as the proponent agency for NCOES.

(b) USASMA establishes the PLDC attendance prerequisites, graduation requirements, and conduct of the course. USASMA has accomplished this by establishing and issuing a Course Management Plan (CMP), and individual lesson plans. The 7th Army NCO Academy must comply with the established standards in the CMP and individual lesson plans or face non-accreditation.

(c) This Academy must also comply with Army and TRADOC regulations and policies.

(d) AR 350-1, states the following:

[1] Soldiers with temporary profiles that prevent completion of all course graduation requirements will be removed from the order of merit lists by their immediate commanders until the temporary profile is removed. Soldiers with temporary profiles will be denied enrollment.

[2] Soldiers who have permanent (Category II) profiles are eligible to attend appropriate NCOES courses.

[3] Soldiers who have permanent (Category III and IV) profiles must have been before a medical screening board prior to attending NCOES. Soldiers who have not been medically screened and classified with appropriate limitations will not attend courses.

(e) TRADOC Regulation 350-10, states: Upon arriving at a school, students must be fully capable of performing supporting individual tasks and the tasks required in the next lower level course.

(f) The Course Management Plan from USASMA states the following are the minimum physical requirements for the course:

[1] Army Physical Fitness Test: Students must pass the APFT in accordance with FM 21-20. The NCO Academy is only capable of conducting the 2.5-mile walk, 6.2-mile bicycle ergometer and 6.2-mile bicycle test on a conventional bicycle.

[2] Negotiate rough terrain under varying climatic conditions

[3] Conduct, demonstrate, and lead drill and ceremonies.

[4] Conduct, demonstrate, and lead physical fitness training.

[5] Walk a minimum of 3,200 meters with Load Carrying Equipment in a minimum of 3 hours.

[6] Lift and carry all required packing list items (OCIE and CTA 50-900) for short distances.

[7] Lift and carry 50.0 lbs for extended distances during the STX.

[8] Occasionally lift and carry, water, ammo, MREs, or sandbags in excess of 45 lbs.

[9] Low crawl, high crawl and rush for three to five seconds.

[10] Move over, through, and around obstacles.

(g) The PLDC Course Management Plan also lists the following tasks as being required for the STX. The CMP states that the tasks will be done in accordance with FM 7-8 and ARTEP 7-8 MTP.

[1] Occupy assembly area.

[2] Defend/execute a defense.

[3] Perform hasty or point ambush.

[4] Cross danger area/perform actions at a danger area.

(h) ARTEP 7-8 MTP lists the following sub tasks as necessary to accomplish the tasks listed above. This list is not all-inclusive.

[1] Move under direct fire (high crawl, low crawl, three to five second rush).

[2] Move over, through, around obstacles (except minefields).

[3] React to indirect fire while dismounted.

[4] React to flares.

[5] Construct deliberate and hasty fighting positions.

[6] Move as member of a fire team.

(i) Soldiers must be able to carry the following squad equipment, as required by mission necessity, throughout the STX:

[1] PRC 119 SINGARS radio.

[2] Machine gun.

[3] 5 gallon cans of water.

[4] Cases of Meals Ready to Eat (MRE).

[5] Cans or cases of ammo.

(j) Soldiers must be able to execute the following tasks in the defense:

[1] Dig with entrenching tool and pick axe.

[2] Fill and lift sandbags.

[3] Carry overhead cover materials.

[4] Construct perimeter to standard

(k) Class graduation requirements include an evaluation of each student's leadership abilities during the STX. Students must perform the above individual tasks in order to receive a leadership evaluation. Some examples of profiles that prohibit soldiers from performing the above tasks are:

[1] No running

[2] No jumping (or no repetitive jumping)

[3] No squatting (or no repetitive squatting)

[4] No walking over uneven terrain

[5] No wearing Kevlar, backpack/rucksack, LCE

[6] No wearing protective mask

[7] May not fire a weapon

[8] No marching

[9] No lifting

[10] No Standing

(2) Soldiers must be able to participate in classes and performance examinations or they will not be admitted to PLDC. Classes are typically 50 minutes in length. Profiles that would prohibit participation include: no standing for more than 30 minutes; no sitting for more than 30 minutes; may not march in formation; may not participate in physical training in temperatures under XX-degrees; may not participate in physical fitness training; no formation running.

(3) Pregnant soldiers will not be admitted to PLDC. Soldiers identified as pregnant after enrollment will be administratively removed from the course. If the pregnancy is identified after completion of the strenuous portion of PLDC (i.e., STX), the soldier may be permitted by the Commandant to complete the course (i.e., case by case basis).

(4) Commanders and First Sergeants should consider the above information, and check to insure that the soldiers profile clearly allows full participation in training. The NCO Academy will not allow soldiers to conduct training in violation of their profile. If necessary, the soldiers will be returned to their unit.

(5) The Commandant of the NCO Academy is the approving authority for soldiers with Profiles to attend PLDC. Contact the Commandant with any questions about a soldier's profile. Make sure that the soldier can complete PLDC before sending the soldier to in-process.

(6) Profiles may be faxed to the 7th Army NCO Academy at 475-8497 and the point of contact is the plans NCOIC at 475-8278. Questions or points of clarification may be directed to the Deputy Commandant or Commandant at 475-8451/2.

(7) Soldiers with permanent profiles categories 2, 3 or 4 must bring a copy of DA Form 3349 (Physical Profile) as part of the course application. Soldiers with a permanent Category 3 or 4 profiles must have appeared before a MOS Medical Retention Board (MMRB) prior to attendance at PLDC. Soldiers must bring written results of MMRB with them to PLDC (AR 350-1). Soldiers who have been before a medical screening board, awarded medical limitations and allowed to retain their MOS will be eligible to attend the Primary Leadership Development Course and train within the limits of their profile provided they can meet minimum class graduation requirements.

(8) Soldiers receiving temporary or permanent profiles after enrollment in PLDC will be evaluated by the Commandant for continued enrollment. Soldiers who have met, or will be able to meet, minimum graduation requirements will continue to be trained

within the limits of their profile. Soldiers unable to meet graduation requirements will be medically released and returned to their units and may, if eligible, be enrolled in a later course.